

Dear Friends

I am sorry for all the emails I have sent in Dec but it seems like all the good news are rolling in and I really want to share them with you 😊 as its amazing stories.

Miriam and our food relief team were in Matala yesterday in Maasai, where the mother and the triplets live. I wonder if you remember the mother and her triplets?

We took care of them last year around this time. We could only help them because so many of you stood with us in supporting the family. We arranged they came to Arusha where they got nutritional foods and good care. Later they were admitted to the hospital as the triplets were so malnourished that they needed special care. Now they are back in Maasai land to their home.

Our guard Obedi went out ahead of the team to help prepare for the distribution of food for the little children aged 0 to 3. This is a new project to help the malnourished children. This gave him time and opportunity to visit the mother and the triplets and see how they were.

He had a very good talk to her and the triplets are doing so well.

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The youngest of the triplets was very weak but is now strong after having had this special nutritional food. The youngest is the one the mother is carrying on the picture.

Miriam also brought baby food for the triplets which the mother was so happy to receive. They each had 3 portions. (1kg pr package)

There is also a picture of her old house that was in so bad condition she could not live there anymore.



The government gave her a little money to put roof on a small cabin. Some of her neighbors helped her build a new traditional house of cow dung and mud. AS you can see on the picture the door is still missing and a window, that we are going to give her.



Right now, she is living with friends as she cannot live in a house without a door. They live in an area where there are lot of snakes and other creeps.

This is just a short update about the triplets and their other for you.

Thank you so much for your help to this family a year ago.

Wishing you a merry Christmas

Love Torkild and Tabitha